



SoulCollage®



Would you like to explore an expressive, artistic tool that helps you access your own reserves of wisdom?



One Day SoulCollage® Introductory Workshop

SoulCollage® is an easy, fun tool for exploration and expression of the many parts of the Self. This is a creative process accessible to everyone—even those people who believe they have no artistic ability. Using imagination and intuition, each participant creates his or her own deck of collaged cards from simple materials: magazine images, photographs, scissors, glue, and heavy card. Each card represents some aspect of the Self; this practice honors the personal journey of each individual, and promotes personal growth and self-acceptance.

Once an individual SoulCollage® card has been created, participants are invited to step deeper into each card through dialoguing and journaling.

**This one day workshop is being hosted by Jackson Yoga
at St. James the Apostle Church in Sharon ON**

November 11th, 2017

10:00 to 4:30 p.m.

Registration fee: \$85 plus HST

SoulCollage facilitator: Sue Reynolds

All materials are provided. Coffee, tea, water and light snacks. Please bring a brown bag lunch. To read more about SoulCollage® or Sue's background as a facilitator, please go to www.goforwords.com

To register by phone call Elaine Jackson at
905-473-6994

